



THE MILL  
ST CATHERINE'S PARK

**The Mill Café is Open Each Day**

**9am until 5pm**

**In a Hurry?**

**All our Food & Drink is available to Take Away**



The Mill, St Catherine's Park



@TheMillPre

***The Mill Gift Vouchers Now Available***

£10 & £5 Gift Vouchers Available

Treat Someone to a Delicious Meal at The Mill Café



**The Mill Café is also available to hire after 5pm each day  
for Private Events**

All profits raised through the Mill Café go back to supporting the specialised care of  
**St Catherine's Hospice**



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## To Quench your thirst

The Mill Coffees are made using Freshly Ground **St Catherine's Blend** Coffee Beans or Decaffeinated Coffee from Exchange Coffee in Clitheroe which are also available to take-away ready ground

All the Mill Hot Drinks are served with our home-made Biscotti Biscuit

Regular £2.00  
Large £2.50

Cappuccino  
Espresso, foamed milk, full flavoured, fun

Cafe Latte  
Espresso, steamed milk, smooth, laid back

Americano  
Just want a black coffee or add milk

Mocha - Espresso, chocolate, steamed milk, moreish, marvellous

Espresso - Short, dark, intense

Add a shot of Syrup to any Coffee

Caramel, Vanilla, Hazelnut, Amaretto, Maple Syrup, Chocolate Mint, Irish or Amaretto 50p

Cadburys Hot Chocolate £2.00

Add Cream & Marshmallows 50p  
Add any Syrup 50p

The Mill All Day Tea £2.00  
A specially selected blend of tea, Ideal for any time of the day

Speciality Teas £2.50  
Decaffeinated, Camomile, Earl Grey, Green Tea, Peppermint or Fruit Teas

Natural Mineral Water 250ml £1.50

Sparkling Mineral Water 250ml £1.50

Fresh Juice  
Apple, Cranberry or Orange £1.50

Glass of Milk £1.50

Milkshakes  
Banana, Chocolate, Raspberry or Strawberry £2.00

Children's Fruit Drinks  
Blackcurrant Or Orange £1.50

Coca Cola/Diet Coca Cola £2.00

Fever – Tree Tonic Water £2.50

Belvoir Fruit Farms 250ml £2.50

Organic Lemonade

Pomegranate & Raspberry Presse

Organic Ginger Beer

Elderflower Presse

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## To Quench your thirst- Our Wines & Beers

### White Wines

<b>Percheron Chenin Blanc/Viognier – Swartland – South Africa</b>	175 ml £ 4.50
Spicy white stone fruit and plenty of joy in this delightful blend of old bush vine Chenin and young vibrant Viognier. Fragrant and aromatic with delicious generous fresh apricot, white peach and hints of passion fruit.	Bottle £15.00
<b>Sanvigilio Pinot Grigio – Italy</b>	175 ml £ 5.00
A delicious young, fresh zesty Pinot Grigio. Crisp and delicate on the palate with some honeyed fruit balanced by lemon acidity.	Bottle £17.50
<b>The Cloud Factory Sauvignon Blanc – Marlborough – New Zealand</b>	175 ml £ 6.00
Ripe tropical gooseberry fruit flavours with a zingy finish and impeccable balance. This is rich, elegant and packed with tonnes of new world fruit	Bottle £22.50

### Rose Wines

<b>Percheron Grenache Rose – Swartland – South Africa</b>	175 ml £ 4.50
A beautiful, limpid pale salmon pink with delicate floral hints and wild red fruit flavours from the young- vine Grenache fruit, finishing with zesty pink grapefruit acidity. Percheron is the name of the horse in South Africa that is used to till the vineyard.	Bottle £15.00

### Red Wines

<b>Emiliana Merlot – Chile</b>	175 ml £ 4.50
Restrained and elegant with fresh bramble fruit flavours and hints of dark chocolate and spice, an excellent easy drinking wine.	Bottle £15.00
<b>Vega Piedra Tinto – Rioja – Spain</b>	175 ml £ 5.00
Approachable, appealing and juicy in style with lifted red berry fruit and hints of spice. The palate is bright with bramble and cherry fruit and gently rounded tannins.	Bottle £17.50
<b>Soldier's block Shiraz – Langhorne Creek – Australia</b>	175 ml £ 6.00
Bright, aromatic and juicy on the nose with hints of tropical spice. This is a most dangerously drinkable Shiraz, with soft and bright fruit and a succulent silky mouth feel.	Bottle £22.50

### Bubbles

<b>Lunetta Prosecco – Italy</b>	125 ml £ 5.50
Delicate and lively on the palate with ripe, lightly grapey fruit, zesty acidity and a clean, refreshing finish.	Bottle £25.00

### Beers & Cider

<b>Peroni Lager</b>	330ml £ 3.50
Very popular light Italian Lager.	
<b>Bowland Brewery Buster IPA</b>	500ml £ 4.50
This is a well-balanced ale with tropical undertones.	
<b>Bowland Brewery Hen Harrier</b>	500ml £ 4.50
A stunningly refreshing beer filled with soft citrus and peach flavours.	
<b>Bowland Brewery Deer Stalker</b>	500ml £ 4.50
A superbly rich stout, strong in dark fruit flavours with a wonderfully chocolaty finish.	
<b>Sheppy's Dabinett Cider</b>	500ml £ 4.50
Dabinett is a high quality cider apple which is medium in style	

*125ml Glasses of Wine Available on Request*

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## **Breakfast**

**Daily 9.00am until 11:30am**

### **The Mill Full English Breakfast**

**£7.50**

Brendan Anderton's Local Speciality Sausage, Sweet Cured Bacon, Longton Free Range Egg, Bury Black Pudding, Grilled Tomato, Baked Beans, Mushrooms & Bloomer Toast

### **The Mill Vegetarian Breakfast**

**£7.50**

Vegetarian Sausages, Longton Free Range Egg, Garlic Roasted New Potatoes, Grilled Tomato, Baked Beans, Mushrooms & Bloomer Toast

Longton Free Range Eggs, Scrambled or Poached on Bloomer Toast

**£3.95**

### **Buttered Bloomer Bread, Toast, Floured Bap or a Gluten Free Roll with;**

Sweet Cured Bacon or

**£3.25**

Brendan Anderton's Local Speciality Sausage or

**£3.25**

Longton Free Range Egg

**£3.25**

Add any Additional Item for.....

**£1.00**

Buttered Toasted Teacake

**£1.95**

Bloomer Toast, Butter & Reedy's Naturally Preserve

**£1.95**

Freshly Baked Croissant with Butter & Reedy's Naturally Preserve **£2.50**

Porridge Served with Honey & Mixed Berries

**£2.50**

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Available Monday – Friday 11:30am until 5pm

Saturday & Sunday 12.00pm until 5pm

## Mill Classics

### Homemade Lancashire Hot Pot

£9.95

Brendan Andertons Bowland Lamb Hot Pot Served with Red Cabbage & a Wedge of Bread

### Homemade Vegetable Hot Pot

£7.95

West Lancashire Root Vegetable Hot Pot served with Red Cabbage & a Wedge of Bloomer Bread

## Mill Salads

### Classic Caesar Salad

£7.95

Baby Gem Lettuce, Smoked Bacon, Anchovies, Parmesan Shavings & Bread Crisps tossed in Homemade Caesar Dressing

*Perfect to add to a Caesar Salad;*

Chargrilled Goosnargh Chicken Breast

£2.00

Pan-fried Garlic Crayfish

£2.00

### Goats Cheese Salad

£8.95

Fresh Figs, Goats Cheese & Parma Ham on a bed of Watercress, Spinach & Rocket Salad in a Balsamic Dressing

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## Lunch & Later

Available Monday – Friday 11:30am until 5pm

Saturday & Sunday 12.00pm until 5pm

Homemade Soup of the Day Served with a Wedge of Bloomer Bread & Butter **£3.95**

The Mill Chicken Liver Pate with Chutney, Mixed Leaf Salad & Warm Bloomer Toast **£4.95**

**Seasonal Selection of Sandwiches**, all served on White or Brown Bloomer Bread or on Ciabatta, or a Gluten Free Roll, served accompanied by Mixed Leaf Salad, Homemade Coleslaw & Fiddlers Lancashire Crisps

- Mrs Kirkhams Lancashire Cheese with Chutney **£6.50**
- Home Baked Honey & Mustard Roast Ham with Piccalilli **£6.50**
- Roasted Fylde Turkey, Stuffing & Cranberry Sauce **£6.50**
- Brie & Cranberry Sauce **£6.50**
- Free Range Longton Egg Mayonnaise **£6.50**
- Roast Chicken with Pesto & Rocket **£7.50**
- Poached Salmon with Lemon Mayonnaise **£7.50**
- Greenland Prawn With Rocket & Tomato Mayonnaise **£7.50**

**Add a Mug of Homemade Soup of the Day to any Sandwich for .... £1.50**

**Add Roasted Garlic New Potatoes or Cajun Spiced Potato Wedges £1.95**

**Warming Hot Sandwiches** served on White or Brown Bloomer Bread or on Ciabatta, or a Gluten Free Roll, served accompanied by Mixed Leaf Salad & Cajun Spiced Potato Wedges **£8.95**

- Ribble Valley Roast Beef with Caramelised Onions & Wholegrain Mustard Mayonnaise
- Brie, Bacon, Lettuce & Tomato
- Chargrilled Zucchini, Sun Dried Tomato & Goats Cheese

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## *Keeping the little ones happy*

*Perfect for Under 10's or anyone with a Smaller Appetite*

**All £3.50**

Penne Pasta with Tomato Sauce

Local Pork Sausage & Mash Potatoes & Seasonal Vegetables

Strips of Free Range Goosnargh Chicken with a Toasted Crust & Vegetable  
Crudities

Children's Snack Platter - Vegetable & Fruit Crudities with Healthy Dips, Cubes of  
Lancashire Cheese, Bread Sticks & Roasted Garlic New Potatoes

***Or if you prefer we can do a small portion of any of our other meals***

## *Children's Afternoon Tea*

Served 2:00 pm – 4:00 pm Each Day, Pre Bookings Only & £5 per Child Deposit  
**£10.00 per child**

Selection of Children's Sandwiches with Crisps, Fresh Vegetable Crudities with  
Healthy Dips

Decorate Your Own Gingerbread, Chocolate Chip Cupcake, Strawberry Tart  
Served with Hot Chocolate or Milkshake

## *Nibbles & Extras*

Marinated Mixed Olives	<b>£1.95</b>
Wedge of Bloomer Bread & Dips	<b>£1.95</b>
Mixed Leaf Salad	<b>£1.95</b>
Michael's Famous Roasted Garlic New Potatoes	<b>£1.95</b>
Cajun Spiced Potato Wedges	<b>£1.95</b>

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## Sweet Treats....

### Also Available to Take – Away

Delicious Freshly Baked & Homemade Cakes & Desserts	<b>£3.95</b>
Delicious Freshly Baked Tray Bakes	<b>£2.95</b>

*Have a look at today's selection*

**Add a Scoop of Moo 2 You Local Vanilla Bean Ice Cream £1.00**

Homemade Fruit or Plain Scone Served with Butter,  
Reedy's Raspberry & Vanilla Preserve & Clotted Cream **£2.50**

#### **Moo 2 You Local Ice Cream served with a Sugar Curl Wafer**

*Today's Selection is Vanilla, Chocolate or Strawberry*

Two Scoops	<b>£2.50</b>
Three Scoops	<b>£3.00</b>

Toasted Fruit Tea Cake **£1.95**



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## Spring Afternoon Tea Menu

Served 2pm until 5pm, Pre-bookings Only, £5 per Person Deposit

Selection of Handmade Finger Sandwiches, Fiddler's Lancashire Crisps, Salad Garnish  
Miniature Sliders, Sticky Tomato Relish

Fresh Asparagus Quiche (v)

Freshly Baked Scone, Cream, St Catherine's Homemade Raspberry & Vanilla Preserve  
Belgian Chocolate & Orange Gateau

Raspberry Sponge Pancake

Apple & Sultana Shortbread

Served with any Hot or Soft Drink of your choice from our Menu

**£15.00 per person**

Or a Glass of Bubbles

**£18.00 per person**

### **Allergies & Intolerances**

Should you have any allergies or intolerances or would like to know the exact ingredients in any of our dishes, then do please ask any member of staff who will be happy to talk through with you what each dish contains.

### **Our Local Suppliers**

#### Cheeses:

- Dewlay - Garstang
- Mrs Kirkham's - Goosnargh
- Butlers - Inglewhite

#### Fruit, Vegetables & Fresh Produce:

- Allfresh - Preston

#### Grocery:

- Oncore - Preston
- Meadowfield Foods - Bamber Bridge

#### Meat:

- Brendan Andertons - Longridge

#### Chutneys & Preserves:

- Reedy's Naturally - Blackburn

#### Wines & Beers:

- D Byrne & Co – Clitheroe
- Bowland Brewery - Clitheroe
- AB InBev - Salmesbury

#### Fish:

- Neeves - Fleetwood

#### Dairy:

- Denham Springs Dairy - Chorley

#### Crisp Potatoes:

- Fiddlers - Rufford

#### Ice Cream:

- Moo 2 You - Salmesbury

#### Coffee & Teas:

- Exchange Coffee - Clitheroe

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